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Dietary Influences on Lung Cancer: An Evaluation of the Research and Strategies to Help Counsel Patients

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Overview

Suggested CDR Learning Codes: 4040, 4050, 5150, 5330; Level 3 Suggested CDR Performance Indicators: 8.1.5, 8.3.1, 8.3.6

This continuing education course explores the latest research on diet and the risk of lung cancer and discusses common nutrition-related consequences of the disease. RDs can apply the research to reduce their clients' risk of developing lung cancer and improve the lives of those being treated for the disease.

Course content appeared as the CPE Monthly in the November 2014 issue of Today's Dietitian.

Learning Objectives

After completing this continuing education course, nutrition professionals should be better able to:

- 1. Evaluate trends in the risk factors for lung cancer.
- 2. Assess current research on beta-carotene and lung cancer.
- 3. Identify three common nutrition-related side effects of lung cancer patients.
- 4. Develop nutrition care plans for lung cancer survivors.

Course summary

Available credit:

• 2.00 CDR

Course opens: 11/11/2014 **Course expires:** 11/10/2017

Rating:

Cost:\$24.00

Faculty

Accreditation

Register/Take course