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# Substance Abuse and Nutrition Substance Abuse and Nutrition

#### Overview

Suggested CDR Learning Codes: 5000, 5350; Level 2 Suggested CDR Performance Indicators: 8.1.5, 8.2.1, 8.3.6

This continuing education course reviews the effects of substance abuse as they relate to nutrition and health, and addresses the role RDs play during treatment to correct nutrition-related deficiencies, address resulting health disparities, and improve the lives of addicts by providing tools for lasting recovery.

Course content appeared as the CPE Monthly in the December 2014 issue of Today's Dietitian.

## **Learning Objectives**

After completing this continuing education course, nutrition professionals should be better able to:

- 1. Identify and evaluate conditions and deficiencies of concern as a result of substance abuse.
- 2. Provide appropriate diet and activity recommendations for those seeking recovery.
- 3. Educate clients on the importance of nutrition in preventing relapse.

Course summary

Available credit:
• 2.00 CDR

**Course opens:** 12/10/2014 **Course expires:** 12/09/2017

Rating:

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Cost:\$24.00

## **Faculty**

## Accreditation

Register/Take course