

# Nutritional Implications of Crohn's Disease

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### Overview

*Suggested CDR Learning Codes: 5110, 5120, 5220; Level 2*

*Suggested CDR Performance Indicators: 8.1.5, 8.3.1, 8.3.6*

This continuing education course explores the cause of nutritional issues in Crohn's disease patients, the prevention of nutritional concerns, nutritional management, and the potential for an enteral diet in remission and contribution to the prevention of relapse.

### Learning Objectives

After completing this continuing education course, nutrition professionals should be better able to:

1. Identify specific nutritional consequences of Crohn's disease.
2. Identify potential nutrient deficiencies and choose appropriate blood testing.
3. Analyze patients' food/symptom records for potential symptom triggers.
4. Describe diet's role in Crohn's disease development.
5. Evaluate the potential need for enteral or parenteral nutrition in certain patients.

#### Course summary

##### Available credit:

- 2.00 CDR

**Course opens:** 08/12/2015

**Course expires:** 08/11/2018

**Rating:**



**Cost:** \$24.00

### Faculty

### Accreditation

### Register/Take course