Symposium Session #115042- Fad Diets: Dissecting the Hype and the Science

Overview

Suggested CDR learning codes: 4000, 5370, 9050: Level 2
Dietitians invariably will field many questions relating to fad diets and trendy eating patterns because of their prominence. Therefore, it’s important for dietitians to familiarize themselves with the pros and cons of the latest diets so they can provide sound clinical advice to patients and clients. This session will provide an up-to-date overview of the most popular dieting trends together with a discussion of current scientific studies relating to the eating patterns involved in these trends.

Course summary

Available credit:
- 1.50 CDR

Course opens: 05/21/2014
Course expires: 05/01/2016
Cost: $0.00