Bariatric Surgery in Diabetes Management

Overview

Suggested CDR Learning Codes: 4040, 5125, 5190; Level 2
Suggested CDR Performance Indicators: 8.1.5, 8.3.1, 8.3.6

This continuing education course reviews the research on bariatric surgery as a treatment option for type 2 diabetes. The course reviews the types of interventions, remission rates, and the mechanisms for diabetes resolution and outlines practical applications for dietitians. Course content appeared as the CPE Monthly in the June 2015 issue of Today’s Dietitian.

This program is not approved for continuing education credit for DTRs.

Learning Objectives

After completing this continuing education course, nutrition professionals should be better able to:

1. Compare and contrast common types of bariatric surgical procedures and resulting diabetes remission rates.
2. Evaluate and compare the current research on dietary or medical interventions vs surgery for diabetes remission.
3. Provide nutrition interventions for patients experiencing reactive hypoglycemia, diabetes relapse, and/or weight regain.
4. Use clinical practice guidelines and evidence-based research to help patients make informed decisions about treatment options for diabetes and obesity.

Course summary

Available credit:
- 2.00 CDR

Course opens: 06/02/2015
Course expires: 06/01/2018
Cost: $24.00
Rating: ★★★★★