

Leaky Gut Syndrome — Learn About the Causes, Associated Conditions, and Treatments Under Research

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Overview

Suggested CDR Learning Codes: 5120, 5220

Suggested CDR Performance Indicators: 8.1.3, 8.3.6, 10.4.4

CPE Level 3

CDR Activity Type 720

This continuing education course provides a broad overview of the literature that exists on leaky gut syndrome or intestinal permeability, including diagnosis, potential causes, medical conditions associated with the condition, and potential treatments.

Course content appeared as the **CPE Monthly** in the January 2016 issue of *Today's Dietitian*.

Learning Objectives

After completing this continuing education course, nutrition professionals should be better able to:

1. Define and discuss leaky gut syndrome.
2. Assess five medical conditions that may be associated with leaky gut syndrome.
3. Distinguish at least three potential causes of leaky gut syndrome.
4. Evaluate at least two treatments that are being researched to help alleviate leaky gut syndrome.
5. Counsel patients on a variety of nutrition strategies that could help normalize intestinal permeability.

Course summary

Available credit:

- 2.00 CDR

Course opens: 01/12/2016

Course expires: 01/11/2019

Rating:



Cost:\$24.00

Faculty

Accreditation

Register/Take course