Assessing Nutrition in Patients With Chronic Kidney Disease

Overview

Suggested CDR Learning Codes: 3000, 3010, 3060, 3090, 5000, 5010, 5340, 5390, 5400, 5410; Level 2
Suggested CDR Performance Indicators: 8.1.1, 8.3.1, 8.3.6, 10.2.1

This continuing education course presents an overview of chronic kidney disease and end-stage renal disease, focusing on the causes of these diseases and individualizing patients’ medical nutrition therapy by using the evidence-based guidelines established by the Academy of Nutrition and Dietetics and the National Kidney Foundation’s Kidney Disease Outcomes Quality Initiative.

Course content was written by Kimberly Thompson, MS, RD, LDN, a clinical specialist dietitian for the Memphis VA Medical Center. She works with veterans in the spinal cord injury unit and with system redesign processes.

Learning Objectives

After completing this continuing education course, nutrition professionals should be able to:

1. Demonstrate an understanding of chronic kidney disease (CKD) and its stages, signs, and symptoms.
2. Analyze national and annual statistics for end-stage renal disease to better serve the practitioner’s geographic base.
3. Prepare evidence-based protocols and guidelines for nutrition recommendations in all stages of CKD.
4. Individualize CKD patients’ nutritional intervention based on their underlying disease state and stage.
5. Propose three alternatives to improve abnormal serum values for nutritional indices.

Course summary

Available credit:
- 2.00 CDR

Course opens: 03/12/2013
Course expires: 03/12/2016
Cost: $24.00